I'm committed to having a Positive Mental Attitude

SO I'M TAKING A MENTAL "B.A.T.H." EVERYDAY!!!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
B ooking	Booking		Booking	Booking	Booking	Booking
A ffirmations	A ffirmations	B ooking	A ffirmations	A ffirmations	A ffirmations	A ffirmations
Tape	Tape	A ffirmations	Tape	Tape	Tape	Tape
H otline	Hotline	Tape Hotline	Hotline	Hotline	Hotline	Hotline
Booking						
A ffirmations						
Tape						
Hotline						
B ooking	Booking	Booking	Booking	Booking	Booking	Booking
A ffirmations						
Tape						
Hotline						
B ooking	Booking	B ooking	Booking	Booking	B ooking	Booking
A ffirmations						
Tape						
Hotline						
B ooking			Booking	Booking		
A ffirmations	Booking	Booking	A ffirmations	A ffirmations	Booking	Booking
Tape	A ffirmations	A ffirmations	Tape	Tape	A ffirmations	A ffirmations
Hotline .	Tape	Tape	H otline	H otline	Tape	Tape
	Hotline	Hotline			Hotline	Hotline .